

Form Period & PSHE Programme

Careers and Work-related Learning



	Term 1	Term 2	Term 3	PSHE Curriculum
Year 7	<ul style="list-style-type: none"> What does Ready to Learn mean? Basic expectations and how to behave in class. Basic organisation from day to day and week to week. Showing more independence as a secondary aged student. Getting involved and trying something new. 	<ul style="list-style-type: none"> Taking responsibility - how to react when you have done something wrong - putting things right. Whose fault is it really? Friendships – how to be a good friend and avoid confrontations 	<p>Aspirations How to be a better student – what can you do to help yourself more in school? <i>What are you interested in? What work might this lead to – what jobs are there out there?</i></p>	<p>Citizenship (identity, diversity, snit-bullying, families, behaviour in the community) Risk (transport safety, fire service, smoking and e-cigs, alcohol, running away, e-safety, peer pressure) Puberty Education (self-esteem, hygiene, physical changes, emotional changes, safe relationships, consent, managing feelings)</p>
Year 8	<ul style="list-style-type: none"> Organisation: packing your own bag, how to organise homework? Being more independent. Anti-bullying, and being a good friend. Managing relationships, how to react in situations. (Link to Kingswood). <p><i>Research into the world of work</i></p>	<ul style="list-style-type: none"> Being a good role model: how can I help year 7s? What can I teach them? Being responsible for my own actions: admitting when I am wrong, not blaming others for my behaviour. 	<ul style="list-style-type: none"> Being resilient: How can I pick myself up when I feel I have 'failed'? How can I improve and push myself. Going the extra mile: charity work, supporting others. <p><i>Game of life</i></p>	<p>Risk (anti-bullying, summer safety, alcohol, smoking, cannabis, solvents, peer pressure) Emotional Health and Wellbeing (self-esteem, the media and body image, healthy lifestyles, managing feelings) E-safety (Childs net toolkit) Citizenship (democracy and local services, vulnerable groups in the community, emergency services) Values – Discrimination (racism, homophobia, gender, disability, student projects) Futures (dream cloud, careers, finances, housing, consequences of actions) Relationships and Sexual Health Education (puberty, relationships, consent, gender, sexuality, conception, contraception, child sexual exploitation)</p>

	Term 1	Term 2	Term 3	PSHE Curriculum
Year 9	Responsibility <ul style="list-style-type: none"> School organisation How to be an independent learner Being a good citizen – including anti bullying Improving yourself beyond the classroom 	Resilience and Study Skills <ul style="list-style-type: none"> Choosing options Skills required in different subjects and what their current skills are. Research into different careers and what skills/ qualifications are need Taster form periods: giving things a go and not giving up. 	Going the extra mile <ul style="list-style-type: none"> Charity week Maintaining good effort in subjects they plan to drop. Reflecting and building upon enterprise skills begun in Y8 	Citizenship (the police and the CPS, prisons and punishment, moral and legal rights) Risk (alcohol, substance misuse, new psychoactive substances, how law is made, escalation of drug use) Emotional Health and Wellbeing (self-esteem, body image, managing feelings, mental health, domestic violence, managing conflict at home, e-safety) Relationships and Sexual Health Education (what is sex, contraception, STIs/HIV, consent, cancers, abortion/choices) Futures (parenthood, lifestyle changes, finances, relationships) Citizenship (road safety, community, how is our country run, politics, hate crime, migration, human rights, terrorism, radicalisation) Diversity LGBT (anti-bullying, language, coming out, gender stereotyping)
Year 10	Organisation and extra-curricular <i>Standing out from the crowd/going the extra mile</i>	Being a good citizen / charity work / anti-bullying	How to be successful in Y11 and beyond (looking back at Y9 character profiles, careers, skills needed) <i>CV writing Skills</i>	Finance Mental Health Violence Free Relationships Substance misuse and self esteem Visitors = South Yorkshire Fire Service
Year 11	Organisation of time Revision skills Making the most of extra sessions <i>Personal statement writing/UCAS progress application.</i>	<i>What next after Y11?</i> <i>Finances? See HDE</i> <i>Employability skills</i>	Exam preparation and study skills	STIs Impact of pornography Sexuality Consent e-safety cancers Visitors = Safe @ Last