

## Broadening Horizons

Across the trust, there have been many opportunities for Year 7 to get involved in broadening their horizons in sport.

These include; the movement dance festival, ski trips, climbing events and the PE residential at Clifton.

## Careers

We run a series of 'Careers in the Curriculum' weeks in our school. For PE, this week takes place in the winter term.

Students take part in activities to encourage them to think about how what they learn in the classroom can be applied in a number of future careers.

## Praise and Reward

Our rewards system can be broadly split into four categories: classroom level, subject level, school level and privilege rewards. We'll focus on classroom and subject rewards here - for more information about our rewards schemes, please see our website.

### CLASSROOM LEVEL REWARDS

**Awarded for:** working hard, taking risks and rising to a challenge, making mistakes and learning from them, helping others, and taking pride in the school community.

**Rewarded by:** praise postcards, positive phone calls to parents/carers, positive text messages home, and lesson-based prizes.

### SUBJECT LEVEL REWARDS

**Reward scheme:** Star of the Week, curriculum awards (Subject/School Way, participation, working with pride, embracing the whole curriculum), high flyer, extra mile, most improved.

**Rewarded by:** names displayed on reward boards, certificates, social media posts.

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**PE**  
YEAR 7

Curriculum Newsletter





# Curriculum Intent

A high-quality Physical Education curriculum inspires all students to participate in a broad and balanced curriculum.

It should provide opportunities for students to become physically confident in a way which supports their health and fitness.

Opportunities to compete in sport and other activities, build character and help to embed values such as fairness and respect. We also aim to develop the social and emotional well-being of our students.



## Have your say!

At WPT we're always looking for feedback. If you have any thoughts/opinions on this Curriculum Newsletter, its content or the curriculum in general, please scan the QR code to fill out a short feedback form.



# Year 7 Curriculum

Our Physical Education curriculum includes invasion games, striking and fielding games, net/wall games, athletics and healthy lifestyles which provides students with a well-rounded education that promotes physical activity and encourages lifelong fitness habits.

In addition to these traditional physical activities, the curriculum also includes inclusive sports such as sitting volleyball, boccia, goalball and blind football.

In Year 7, students concentrate on the basic skills needed to perform in each activity. Students also get the chance to lead in lessons with warm ups and also have an experience of officiating.

Students build on and embed the physical development and

skills learned in key stages 1 and 2, become more competent, confident and expert in their techniques, and apply them across different sports and physical activities.

They should understand what makes a performance effective and how to apply these principles to their own and others' work.

They should develop their confidence and interest to get involved in exercise, sports and activities outside of school and in later life, and understand and apply the long-term health benefits of physical activity.



## Assessment Points

In Year 7, students are assessed against the Entry, Expected and Greater Depth 'I can' statements. Students get the opportunity mid-term to peer assess each other and identify a weakness that they would like to improve in the last week of the activity block. They are assessed on knowledge, application, leadership and officiating.

# THE PE WAY



## WE MAKE HEALTHY LIFE CHOICES

We show effort & determination

We participate in a safe manner

We solve problems

WE SHOW RESILIENCE WHEN WE FIND IT TOUGH

We are creative

Its about the WE not the ME

We self-reflect & analyse

We are team players

We show good sportsmanship



SUBJECT WAYS

## The PE Way

We make Healthy Life choices, We show effort and determination, We participate in a safe manner, We solve problems, We are creative, Its about the we not the me, We are team players, We self-reflect and anaylse, We are team players, We show good sportsmanship.